

Killer Dunes 2-Mile Footrace & 1/4-Mile children's fun run/walk

Friday, July 4, 2008, 9 a.m., Jockey's Ridge State Park, Nags Head, NC
Run or Walk Over the Tallest Sand Dunes on the East Coast of the United States



*Exercise your independence
on Independence Day*

God bless our Troops

CAUTION: Conditions likely to be hot, humid, hilly & sandy. Shoes required. Trail shoes, sun block and sunglasses suggested. Many thanks to Title Sponsor Outer Banks Running Company, Outer Banks Running Club, Jockey's Ridge State Park, Outer Banks Kiwanis Club, and WalMart.

**One entry form per person.
Parents... the free children's fun**

run/walk is after the 2-Mile race, on mostly hard-packed sand,

with some small hills. Please use a separate form for each child. You may copy this form or email ejbeckleyjr@yahoo.com for an e-copy, or download at www.outerbanksrunningclub.org. Additional paper copies at Outer Banks Running Company on Route 12 in Duck, and the YMCA in Nags Head.

Name: _____ Mailing address: _____

City/State/Zip: _____

Phone: _____ e-mail: _____

Male/Female: _____ Age on July 4: _____ T-shirt size for 2-Miler (Circle One) S...M...L...XL

Emergency contact name and phone number: _____

I am signing up for the 2-Mi. _____ or Children's 1/4-Mi. fun run _____ or both _____

Legal disclaimer: I am aware that participating in a footrace is potentially hazardous. I will not enter, run, or walk in the event referred to in this entry form unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my safely completing the event. I assume all risks associated with participating in this event, including but not limited to road traffic, volunteer errors, falls, contact with other participants, the effects of the weather, heat, humidity, geography and all other race conditions, all such risks being known and acknowledged by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release anyone associated with this event, including the sponsors, sanctioning body, race officials, volunteers, Jockey's Ridge State Park, Town of Nags Head, County of Dare, NC, and all their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, television, or any other record of this event for any legitimate purpose. If in the case of race cancellation due to extreme weather conditions, please understand that all fees are non-refundable due to the event's charity fund raising nature. All net proceeds will benefit the Friends of Jockey's Ridge, the Eastern North Carolina Chapter of the Leukemia & Lymphoma Society and the Outer Banks Running Club.

** Signature required, and parent or guardian must sign if under age 18: _____

Fees: Includes a dri-fit-style T-shirt for the first 60 registrants for the 2-Miler only, and post-race snacks and drinks for participants in both events. Awards to the top three male and female 2-Mi. winners, and Outer Banks Running Club ribbons to the top five in five-year age groups. OBRC ribbons to all children fun runners/walkers who finish. Adults sign up for club membership now and save \$2.50 on the race.

- Non-Outer Banks Running Club (OBRC) members pay \$30 _____
- Outer Banks Running Club (OBRC) members pay only \$15 _____
- Children's 1/4-Mile fun runners/walkers are FREE (no T-shirt) _____
- Yes, I want to join the OBRC (add \$12.50 for half-year membership/\$5 child) _____

TOTAL ENCLOSED: _____

Make checks out to the Outer Banks Running Club, and mail to Ed Beckley, 315 W. Nags Way Ct., Nags Head, NC 27959 postmarked by June 20.